

Cataract Surgical Treatments

By Gwen Cohen

You may already know the numbers - cataracts affect more than 22 million Americans aged 40 and older, and by age 80, over half of all Americans have them. But did you also know that children can develop cataracts? Such was the case with Diana James, who was born with a cataract in one eye.



"Diana was eleven when she really noticed her sight deteriorating," says Jason Gorscak, M.D., Florida Eye Microsurgical Institute's Refractive Cataract Surgery, Glaucoma & Comprehensive Ophthalmology Specialist. "Congenital cataracts run in the family, on her father's side." And according to Diana, "I wasn't the only sibling to

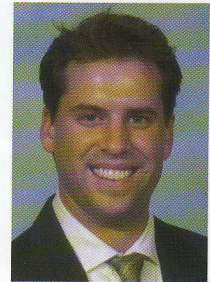
have the condition. One of my sisters and her three children were born with cataracts, and a brother of mine had them as well."

When Diana came to see Dr. Gorscak she told him she couldn't see anything far away and she could barely read the blackboard in school. "I had to scrunch my eyes to see, and I wore my glasses even though I hated them." Eventually Diana says she couldn't see the blackboard even with her glasses, and she was having difficulties with everything from reading to working on the computer.

Dr. Gorscak removed Diana's cataract as an outpatient procedure at the Institute's state-of-the-art Boynton Beach Ambulatory Center. The procedure itself phacoemulsification – or Phaco – is the most popular surgical procedure practiced today, due to its minimal invasiveness and quick post-op recovery time.

"Healing and rehabilitation are faster with this procedure, and there is little, if any, discomfort," adds Dr. Gorscak. "At Florida Eye we perform almost all of our cataract surgeries, from young children through mature adults, utilizing Phaco."

And due to improving technology in the field, today there are a variety of choices in replacement lens. "The lens chosen depends upon the outcome each patient is looking for," says Dr. Gorscak. "In Diana's case, she wanted to be able to work on her



Jason Gorscak, M.D.

computer, see the blackboard in class and to be able to enjoy her life to the fullest." And the results? "I am so thrilled," says Diana. "Dr. Gorscak said I'd most likely still need glasses but I don't, and I can see so much better than I ever did before. Everything is so clear!"

For more information on cataract surgery and available lens replacement options, visit www.fleyedocs.com or call (561) 737-5500 for an appointment.